

Formula Name: Capannari's Rocky Road

Formula ID:

Date: Nov 08 2020 7:47

<h1>Nutrition Facts</h1>		
3 servings per container		
<b>Serving size</b>		<b>2/3 cup (115g)</b>
<b>Calories</b>	Per serving	Per container
	<b>310</b>	<b>930</b>
	% DV*	% DV*
<b>Total Fat</b>	17g <b>22%</b>	52g <b>67%</b>
Saturated Fat	1.5g <b>8%</b>	4.5g <b>23%</b>
Trans Fat	0g	0g
<b>Cholesterol</b>	70mg <b>23%</b>	205mg <b>68%</b>
<b>Sodium</b>	115mg <b>5%</b>	350mg <b>15%</b>
<b>Total Carb.</b>	33g <b>12%</b>	98g <b>36%</b>
Dietary Fiber	2g <b>7%</b>	7g <b>25%</b>
Total Sugars	24g	71g
Incl. Added Sugars	17g <b>34%</b>	52g <b>104%</b>
<b>Protein</b>	5g	15g
Vitamin D	0mcg 0%	0mcg 0%
Calcium	150mg 10%	450mg 35%
Iron	1.3mg 8%	3.9mg 20%
Potassium	0mg 0%	0mg 0%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Chocolate ice cream mix (milk, cream, sugar, cocoa processed with alkali, corn syrup, nonfat dry milk, mono- & diglycerides, cellulose gum, guar gum, carrageenan, salt, natural vanilla, FD&C Yellow#6, Red#40, Blue#1), Marshmallow ripple (corn syrup, sugar, modified corn starch, titanium dioxide, artificial flavor, citric acid), Walnut pieces (walnuts, cottonseed oil), Bavarian base (pasteurized egg yolks, corn syrup, sugar, natural flavors), Vanilla extract (sugar, vanilla bean extractives). **Contains: Milk, Egg, Walnut**