

Formula Name: Capannari's Coconut Chip

Formula ID:

Date: Feb 15 2021 10:10

# Nutrition Facts

3 servings per container

Serving size

2/3 cup (134g)

	Per serving	Per container
<b>Calories</b>	<b>330</b>	<b>1000</b>
	% DV*	% DV*
<b>Total Fat</b>	19g 24%	58g 74%
Saturated Fat	13g 65%	38g 190%
Trans Fat	0.5g	2g
<b>Cholesterol</b>	70mg 23%	215mg 72%
<b>Sodium</b>	70mg 3%	210mg 9%
<b>Total Carb.</b>	37g 13%	111g 40%
Dietary Fiber	< 1g 2%	2g 7%
Total Sugars	31g	93g
Incl. Added Sugars	23g 46%	70g 140%
<b>Protein</b>	4g	11g
<b>Vitamin D</b>	0mcg 0%	0mcg 0%
<b>Calcium</b>	120mg 10%	370mg 30%
<b>Iron</b>	0.9mg 6%	2.8mg 15%
<b>Potassium</b>	280mg 6%	840mg 20%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Ice cream mix (milk, cream, skim milk, cane sugar, whey, locust bean gum, guar gum), Soft chocolate chip (sugar, corn starch, coconut oil, cocoa processed with alkali, butter oil, soy lecithin, natural flavor), Coconut flavor (natural and artificial flavors, xanthan gum), Bavarian base (egg yolks, corn syrup, sugar, natural flavors), Vanilla (sugar, vanilla bean extractives).      **Contains: Milk, Coconut, Soy, Eggs.**