

Formula Name: Capannari's Black Raspberry Chip

Formula ID:

Date: Oct 28 2019 12:21

Nutrition Facts

3 servings per container

Serving size

2/3 cup (136g)

	Per serving	Per container
Calories	330	1000
	% DV*	% DV*
Total Fat	19g 24%	57g 73%
Saturated Fat	12g 60%	37g 185%
Trans Fat	0.5g	1.5g
Cholesterol	80mg 27%	245mg 82%
Sodium	70mg 3%	220mg 10%
Total Carb.	39g 14%	116g 42%
Dietary Fiber	< 1g 2%	2g 7%
Total Sugars	36g	107g
Incl. Added Sugars	27g 54%	81g 162%
Protein	4g	11g
Vitamin D	0mcg 0%	0mcg 0%
Calcium	120mg 10%	360mg 30%
Iron	1mg 6%	2.9mg 15%
Potassium	280mg 6%	830mg 20%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Ice cream mix (milk, cream, skim milk, cane sugar, whey, locust bean gum, guar gum), Black raspberry puree (red raspberry seedless puree, sugar, corn syrup, natural black raspberry flavor, natural flavor, citric acid, guar gum, FD&C Red#40, Blue#1, caramel color), Soft chocolate chip (sugar, corn starch, coconut oil, cocoa processed with alkali, butter oil, soy lecithin, natural flavor), Bavarian base (eggs, corn syrup, sugar, natural flavors), Black raspberry flavor (natural and artificial flavor, FD&C Red#40, Blue#1, xanthan gum, citric acid), Vanilla (sugar, vanilla bean extractives). **Contains: Milk, Coconut, Soy, Eggs.**